THE ENDOSCOPY CENTER
7402 York Road, Suite 101
Towson, Maryland 21204
410-494-1846

THE ENDOSCOPY CENTER AT BEL AIR, LLC
620 W. MacPhail Road, Suite 104
Bel Air, Maryland 21014

FLEXIBLE SIGMOIDOSCOPY
PREPARATION INSTRUCTIONS

You are scheduled to undergo a Flexible Sigmoidoscopy on _____

Arrival Time: _____ am/pm ____ Procedure Time: _____ am/pm ____

LOCATION:
- ☐ **The Endoscopy Center - Towson**
- ☐ **The Endoscopy Center - at Bel Air**
- ☐ **Franklin Square Outpatient**
- ☐ **St. Joseph's DDC**
- ☐ **Good Samaritan DDC**

PLEASE ARRIVE AT YOUR SCHEDULED ARRIVAL TIME OR YOUR PROCEDURE MAY BE POSTPONED OR CANCELLED.

In preparation for your procedure, we ask that you observe the following instructions:

PURCHASE NOW:

Two (2) plain FLEET enemas (nothing with oil or other additives) and DUCOLAX TABLETS.

NIGHT BEFORE PROCEDURE:
Take one (1) or two (2) Ducolax tablet at bedtime.

THE DAY OF THE PROCEDURE
CLEAR LIQUID BREAKFAST

Enema Instructions: Read instructions on the box. Approximately one hour before you leave for your scheduled procedure, administer one (1) enema - retain until urge to evacuate is strong (usually 2 - 5 minutes). Expel enema. Repeat with second enema.

- **DO NOT EAT OR DRINK ANYTHING AFTER THE ENEMAS.**
- **BRING YOUR MEDICATIONS OR A LIST OF THE MEDICATIONS AND DOSAGES WITH YOU TO RECORD ON YOUR CHART.**
- **TAKE ALL OF YOUR REGULAR MEDICATIONS.**

If you have questions or need to cancel your appointment, **please call ASAP.**

Your return appointment is on _____ at _____ am/pm ____

at the: ☐ **TOWSON** ☐ **WHITESQUARE** ☐ **BEL AIR** **Office.**

☐ No follow-up appointment is scheduled.

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Endoscopic Microsurgery Associates, P.A., Towson, MD 21204