

ENDOSCOPIC MICROSURGERY ASSOCIATES, P.A.

Mark D. Noar, M.D. & Associates

**DIAGNOSTIC AND THERAPEUTIC ENDOSCOPY
GASTROENTEROLOGY**

Mark D. Noar, M.D.

ELECTROGASTROGRAM (EGG) TEST

Instructions and Preparation

What is the EGG test? The EGG test is a measurement of the stomach's electrical activity. The EGG is like an EKG of the stomach.

What preparation is required? The patient should have nothing to eat or drink after midnight. Two hours prior to the EGG test time, the patient should eat two (2) pieces of dry toast and drink 6 oz of apple juice. Any pro- or anti- motility medications (see below) must be stopped 3-4 days prior to the scheduled test.

List of Drugs the patient must stop 72 hours before the EGG test:

Reglan, Propulsid, Domperidone, Bethanechol

Narcotic drugs (Codeine, Demerol, Morphine, Percocet, Percodan)

Calcium Channel Blockers (Procardia)

(For patients with diabetes, check morning glucose level and take 50% smaller insulin dose if appropriate to do so)

On the scheduled day of the test, the patient is to report to The Endoscopy Center, Suite 101, 15 minutes before the test time for registration.

What should you expect during the procedure? Three EKG-type electrodes will be placed on your abdomen. After a 15-minute period, you will be asked to drink water until you are full. Then, a further 30 minutes of EGG is recorded. After the test you may resume your medication and activities. Your doctor will receive a report within 10 working days.

Patient Name: _____

Your appointment is on _____ at _____

If you have any problems or questions, please call The Endoscopy Center at 410-494-1846.