

ESOPHAGOGASTRODUODENOSCOPY (EGD) Preparation Instructions

Your EGD is scheduled on _____

- LOCATION The Endoscopy Center - Towson St. Joseph's DDC
:
 The Endoscopy Center - at Bel Air Good Samaritan DDC
 Franklin Square Outpatient

Arrival Time: _____ am/pm ①①① Procedure Time: _____ am/pm

**PLEASE ARRIVE AT YOUR SCHEDULED ARRIVAL TIME OR YOUR PROCEDURE
MAY BE POSTPONED OR CANCELLED.**

In preparation for your procedure, we ask that you observe the following instructions:

THE DAY BEFORE

You may eat or drink anything you like until midnight. Take all of your regular medications.

THE DAY OF THE PROCEDURE

- You may drink up to 8 oz. of water, 7-Up, Sprite, Ginger Ale or White Grape Juice up until 3 hours prior to your procedure.
- **DO NOT EAT** or your procedure may be cancelled.
- **TAKE HEART, BLOOD PRESSURE AND SEIZURE MEDICATIONS** with water at least 3 hours prior to procedure.
- Do not take diuretics (fluid pills), insulin or other diabetic agents! Diabetics: bring your diabetic medication with you.
- You must have someone with you or scheduled to pick you up after the procedure is over. If not, your procedure will be cancelled. This is for your safety!
- You cannot drive a car, operate machinery, drink alcohol, or make any legal decisions for the entire day of your procedure.

REMEMBER:

- **TAKE HEART, BLOOD PRESSURE AND SEIZURE MEDICATIONS AS DIRECTED ABOVE. . DO NOT EAT AFTER MIDNIGHT.**
- **ARRIVE PROMPTLY AT SCHEDULED ARRIVAL TIME. . SOMEONE MUST DRIVE YOU HOME.**
- **BRING YOUR MEDICATIONS OR A LIST OF MEDICATIONS AND DOSAGES WITH YOU TO RECORD IN YOUR CHART.**

If you have questions or need to cancel your appointment, **please call ASAP.**

Your return appointment is on _____ at _____ am/pm

- at the: **TOWSON** **BEL AIR** **PHILADELPHIA ROAD** **Office**
 No follow-up appointment is scheduled. Schedule follow-up with your physician.

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