

THE ENDOSCOPY CENTER
7402 York Rd, Suite 101
Towson, Maryland 21204
410-494-1846

THE ENDOSCOPY CENTER AT BEL AIR, LLC
620 W. MacPhail Rd, Suite 104
Bel Air, Maryland 21014

COLONOSCOPY PREPARATION instructions for 2 DAY LAXATIVE PREP

You are scheduled to undergo a colonoscopy on _____,
_____ at _____ am/pm.

LOCATION:

- The Endoscopy Center – York Rd
- The Endoscopy Center – at Bel Air
- Franklin Square Outpatient
- St. Joseph's DDC
- Good Samaritan DDC

Arrival Time: _____ am/pm Procedure Time: _____ am/pm

PLEASE arrive at your scheduled ARRIVAL TIME or your procedure may be postponed or cancelled.

In preparation for your procedure, we ask that you observe the following instructions:

THE WEEK BEFORE

- Avoid taking aspirin or aspirin containing medications
- Purchase a "**FLEET Prep Kit #2 or #5**" from the pharmacy

THREE DAYS BEFORE

- Avoid any foods with corn or grapes until after the colonoscopy

TWO DAYS BEFORE

- Follow the instructions in the **FLEET Prep Kit for a 48 hour preparation**

THE DAY OF THE PROCEDURE

- DO NOT EAT OR DRINK** until the procedure is over, or your procedure may be cancelled.
- You may take your heart medications with a small sip of water. **Do not take diuretics (fluid pills), insulin or other diabetic agents.**
- You must have someone with you or scheduled to pick you up after the procedure is over. If not, your procedure will be cancelled. This is for your safety!

If you encounter any problems with these instructions or have any questions regarding the procedure, please do not hesitate to call. We are always happy to answer any questions for you.

**REMEMBER: DO NOT EAT OR DRINK AFTER MIDNIGHT.
ARRIVE PROMPTLY.
SOMEONE MUST DRIVE YOU HOME.**

Your return appointment is on _____, _____ at
_____ am/pm at the

- TOWSON office
- SEVEN SQUARE office
- BEL AIR office
- No follow-up appt is scheduled
- Schedule follow-up with your MD